

Macsim Sydney to Surfers 2007

Equipment Checklist (as at Feb 28, 2007)

Documents to make traveling easy!			
	Item	Comments	Tick
1.	Flight ticket/print out	Take all relevant documents along with a destination telephone contact number.	
2.	Driver's license	Check expiry date.	
3.	Car hire print out/relevant documents	Know where you pick up the car. Also have telephone number.	
4.	Accommodation print out/relevant documents	And know exact address, along with telephone number.	
Money & stuff			
5.	Address book		
6.	Credit Cards	Check expiry. Know your PIN.	
7.	Cash		
8.	Eftpos cards	Check expiry. Know your PIN.	
9.	Medical	Medicare card, insurance details, Medicines & alerts	
Bike Gear			
10.	Bike	That's the big thing with a wheel at each end!	
11.	Bike helmet		
12.	Bike shoes		
13.	Knicks		
14.	Riding tops		
15.	Gloves		
16.	Odometer		
17.	Heart rate monitor		
18.	Bidons		
19.	Ride nutrition		
20.	Skin lubricant/Chamois cream		
21.	Bike maintenance stuff		
22.	Socks		
23.			
24.			
25.			
26.			
27.			
28.			
29.			
30.			
31.			

Clothing			
32.	Clothes you'll wear on the plane	Set out the night before	
33.	Socks & Underwear		
34.	1 pr trousers		
35.	1 fresh shirt per day + 1 extra		
36.			
37.	Shoes		
38.	Sandshoes		
39.	Bathers & Swimming goggles		
Fitness			
40.	Sunscreen		
41.	Lip Balm		
42.			
43.			
44.			
45.			
Technical equipment			
46.	Camera		
47.	Spare batteries		
48.	Laptop		
49.	Laptop power cord		
50.	Mobile phone		
51.	Mobile phone charger		
52.	Watch		
53.			
54.			
55.			
Toiletries			
56.	Toothbrush & toothpaste		
57.	Face washer		
58.	Comb		
59.	Contact lens cleaner & container		
60.	Shampoo		
61.	Deodorant		
62.	Razor & shaving cream		
63.	Sanitary products		
64.	Make up		
65.	Spare contact lenses/glasses		
66.	Towels		
67.			
68.			

Camping Gear			
69.	Tent		
70.	Sleeping Bag		
71.	Mattress		
72.	Pillow		
73.			
74.			
75.			
76.			
Important Numbers			
77.	Ken Robinson Ride Co-Ordinator	(02) 9520 9820 (work) 0418 976 231 (mobile)	
78.	Kevin Stuart Ride Secretary/Treasurer	(02) 9520 6519 (home) 0408 221 703 (mobile)	
79.			