

Macsim Sydney to Surfers 2007

Equipment Checklist (as at March 5, 2007)

Documents to make traveling easy!			
	Item	Comments	Packed
1.	Flight ticket/print out	Take all relevant documents along with a destination telephone contact number.	
2.	Driver's license	Check expiry date.	
3.	Car hire print out/relevant documents	Know where you pick up the car. Also have telephone number.	
4.	Accommodation print out/relevant documents	And know exact address, along with telephone number.	
Money & stuff			
5.	Address book		
6.	Credit Cards	Check expiry. Know your PIN.	
7.	Cash		
8.	Eftpos cards	Check expiry. Know your PIN.	
9.	Medical	Medicare card, insurance details, Medicines & alerts	
Bike Gear			
10.	Bike	That's the big thing with a wheel at each end!	
11.	Bike helmet		
12.	Bike shoes		
13.	Knicks	X 3 pair at least	
14.	Riding tops	X 3	
15.	Gloves		
16.	Arm warmers		
17.	Rain jacket		
18.	Sunglasses		
19.	Odometer		
20.	Heart rate monitor		
21.	Bidons		
22.	Ride nutrition		
23.	Skin lubricant/Chamois cream		
24.	Socks	X 3 pair	
The Wardrobe			
25.	Clothes you'll wear on the plane	Set out the night before	
26.	Socks & Underwear	X 5	
27.	Trousers/Jeans	X 1	
28.	Shorts	X 1	

29.	Shirts	X 3	
30.	Bandanas		
31.	Shoes/Sandals	X 1	
Miscellaneous			
32.	Bathers & Swimming goggles		
33.	Travel Alarm		
34.	Pen and paper		
35.	Pins		
36.	First Aid kit		
Technical equipment			
37.	Camera		
38.	Spare batteries		
39.	Laptop		
40.	Laptop power cord		
41.	Mobile phone		
42.	Mobile phone charger		
43.	Watch		
Toiletries			
44.	Toothbrush & toothpaste		
45.	Face washer		
46.	Comb		
47.	Lip Balm		
48.	Shampoo		
49.	Deodorant		
50.	Razor & shaving cream		
51.	Sanitary products		
52.	Make up		
53.	Contact lens cleaner & container		
54.	Spare contact lenses/glasses		
55.	Towel		
56.	Vaseline		
57.	Sunscreen		
58.	Bug repellent		
59.	First aid kit with pressure wads and triangle bandage		
Camping Gear			
60.	Tent		
61.	Sleeping Bag		
62.	Mattress		
63.	Pillow		
64.	Sheet		
65.	Torch		
66.	Hammer		
67.	Groundsheet		

68.	Blanket		
General			
69.	Length of light rope for clothes line		
70.	Washing powder		
71.	Clothes pegs		
The Workshop			
72.	Batteries 4		
73.	Tubes 4		
74.	Tyre (fold-up) 1		
75.	Bike pump		
76.	Tyre levers 3		
77.	Shifter 1		
78.	Allan key set 1		
79.	Screw drivers 2		
80.	Rags		
81.	Handy andy		
82.	Spare spokes		
83.	Spoke key		
84.	Chain break		
85.	Derailleur hanger for bike		
86.	Chain cleaner		
87.	Chain oil		
88.	Puncture kit 2		
89.	Scissors		
90.	Tape		
Important Numbers			
91.	Ken Robinson Ride Co-Ordinator	(02) 9520 9820 (work) 0418 976 231 (mobile)	
92.	Kevin Stuart Ride Secretary/Treasurer	(02) 9520 6519 (home) 0408 221 703 (mobile)	